WE FEATURE LOCALLY-ROASTED, SMALL BATCH COFFEE & ESPRESSO.

**FRESH BREW**
- S 1.79
- M 2.09
- L 2.39

**COLD BREW**
- S 2.69
- M 3.19
- L 3.69

**SHOT IN THE DARK**
- S 2.59
- M 2.89
- L 3.19

**AMERICANO**
- S 2.29
- M 2.69
- L 2.99

**CAFE LATTE**
- S 3.09
- M 3.69
- L 4.09

**CAPPUCINO**
- S 3.09
- M 3.69
- L 4.09

**MOCHA**
- S 3.49
- M 4.09
- L 4.49

**WHITE MOCHA**
- S 3.59
- M 4.39
- L 4.59

**CAFÉ AU LAIT**
- S 2.39
- M 2.69
- L 2.99

**CHAI TEA**
- S 3.59
- M 3.99
- L 4.39

**HOT CHOCOLATE**
- S 2.85
- M 3.05
- L 3.25

**HOT TEA**
- 2.15

**ACTIVATOR COFFEE**
Fresh brew coffee, grass-fed butter, mct oil. Served hot
- S 5.50
- M 5.95
- L 6.40

**EPIC COFFEE**
2 shots espresso, raw cacao, choice of milk, maca & mct oil.
Served hot or cold
- S 5.95
- M 6.40
- L 6.95

**TUMERIC TAMER $6.40**
Tumeric, honey, ginger, cinnamon, cayenne

**ADD-INS**
- ADD FLAVOR SHOTS .59
- ADD ESPRESSO SHOTS .79
- SUB SOY MILK .99
- SUB ALMOND OR COCONUT MILK .99

**SINGLE ESPRESSO**
1.75

**DOUBLE ESPRESSO**
2.25

**CORTADO**
3.25
LUNCH SANDWICHES

CAPRESE
Full Size $8.99
Half Size $5.99
Fresh Mozzarella, Basil and Tomato served on Sourdough with a drizzle of Balsamic Vinaigrette

GRILLED CHEESE
Full Size $7.49
Half Size $4.99
White Cheddar served on our signature Rosemary Garlic Bread
Add Bacon or Avocado (+$1.59) Tomato (+.79)
All Sandwiches available as a wrap
Add chips as a side (+.75)

HOUSE OR SPINACH SALAD $3.99
w/ Chicken Salad add $3.99

SOUP OF THE DAY $3.59

WHITE BEAN CHICKEN CHILI $3.59

BISCUITS
Egg & Cheese $3.79
Bacon, Egg & Cheese $5.79
Turkey sausage, Egg & Cheese $5.79

GRILLED CHEESE
Full Size $7.49
Half Size $4.99
White Cheddar served on our signature Rosemary Garlic Bread
Add Bacon or Avocado (+$1.59) Tomato (+.79)

HAMBURGERS

HAM & CHEESE
Full Size $9.99
Half Size $6.49
Served on Sourdough with white cheddar, spring mix, tomato, onion and remoulade sauce

ROAST BEEF
Full Size $9.99
Half Size $6.99
Served on Sourdough with white cheddar, spring mix, tomato, onion and remoulade sauce

HERB TURKEY
Full Size $8.99
Half Size $5.99
Herb turkey with apricot mayo, tomato, and mixed greens drizzled with balsamic vinaigrette on grilled honey wheat

“THE HILL”
Full Size $10.99
Half Size $6.99
Grilled chicken breast with arugula, goat cheese, fig preserves, and a balsamic glaze

JERK TUNA SALAD
Full Size $8.99
Half Size $5.99
Our Jerk-seasoned Tuna Salad served on a toasted Kaiser Roll with spring mix, tomato and a drizzle of balsamic vinaigrette

PIMENTO CHEESE
Full Size $8.99
Half Size $5.99
House made Pimento Cheese served on Sourdough with fresh tomato slices

HUMMUS
Full Size $7.99
Half Size $4.99
House made Hummus served on Sourdough with white cheddar, spring mix, tomato, onion and balsamic vinaigrette.

MEDITERRANEAN
Full Size $8.99
Half Size $5.99
Served on Rosemary Garlic Bread with fresh green pesto, goat cheese, spring mix and tomato

TOAST
Seasonal Sweet Toast $4.79
Inquire about toppings
Classic Avocado $5.29
Avocado spread, salt, pepper, lemon juice
Avocado & Arugula $6.79
Avocado spread, arugula, cucumbers, tomatoes & balsamic drizzle
Caprese Avocado $6.79
Avocado spread, tomatoes, mozzarella, cheese, basil, balsamic drizzle

Savory Toast Of The Day Ask Server
Fresh daily ingredients served on our whole wheat toast

BREAKFAST

BREAKFAST BURRITO
Egg, corn, red peppers, black beans, and rolled in a tortilla $5.99
Add bacon $1.59

BURRITOS (also available as bowl)
Chicken $7.99
Vegetable $5.99
BERRY BLAST  5.99
Strawberries, Raspberries, Protein Powder, Orange Juice and Mango

SUNSHINE  6.50
Pineapple, Mango, Banana, Lime Juice, Ginger, and Orange Juice

SUNSHINE DAYDREAM  6.99
Pineapple, Mango, Banana, Lime Juice, Ginger, Orange Juice and Spinach

BLUEBERRY SMURF  5.99
Blueberries, Banana, Vanilla Protein Powder and your choice of milk

MANGO TANGO  5.99
Mango, Strawberries, Banana, your choice of milk, Mango Juice and Protein Powder

MEAN, GREEN FIGHTING MACHINE  6.99
Spinach, Avocado, Protein Powder, Banana and your choice of milk

CHOCOLATE TEMPLE  6.99
Your choice of milk, Banana, Chocolate Protein Powder, Raw Cacao Powder, Coconut Oil, Cayenne Pepper, Sea Salt

CHOCOLATE ELVIS  5.99
Chocolate, Peanut Butter and Banana blended with your choice of Dairy, Almond or Soy Milk

FROZEN EXPLOSION  $6.95
Latte Explosion   Mocha Explosion