breakfast

starters

- cinnamon roll  - small 2.79 / large 3.99
- blueberry crumb cake  - 3.99
- bagel  - 1.59 / add cream cheese 0.79
- muffins  - 5 mini 3.99 / 1 large 2.99
- scone  - 3.59 / DAILY FLAVOR OPTIONS AVAILABLE
- sweet croissant  - plain 2.09 / chocolate or strawberry 2.79
- savory croissant  - ham & cheese 4.99
- biscuits  - plain 1.29 / small sweet potato 0.89 / regular s.p. 2.49
- mini sugar donut  - 0.79

entrees

- shrimp and grits  - 16.99
- cilantro corn pancakes  - 11.99
- burrito de huevos  - 11.99
- breakfast BLT  - 10.99
- tofu scramble  - 10.99
- hoppin' highland  - small 9.99 / large 7.99
- highland breakfast  - 10.99
- rustic Italian  - 11.99
- egg poached medium, fried chicken, jalapeno cheese sauce on a grilled biscuit
- country fried steak  - 14.99
- Cowboy  - 11.49
- classic  - 11.49
- salmon benedict  - 13.99
- crab cakes benedict  - 16.99
- build-your-own sandwich
- smoked salmon plate  - 12.49

quick breads

- sweet potato pancakes  - 10.99 / half order 5.49
- French toast  - 12.49 / half order 6.99
- peanut butter french toast  - 13.59

benedicts choose your side: grits or potatoes (except the cowboy)

- fried chicken  - 13.99
- Mama Dan's country fried steak, poached eggs, jalapeno cheese sauce on a grilled biscuit
- Canadian bacon, hollandaise sauce on a grilled English muffin
- puffed smoked salmon, hollandaise sauce on an English muffin
- two poached eggs, asparagus, tomato, avocado, fresh basil and Vermont white cheddar - choice of grits or potatoes

build your own three-egg omelette choose your side: grits or potatoes

- 6.29 plus fillings  - 0.79 each tomato, onion, jalapeno, black beans / 1.39 each - grilled veggies, roasted red peppers, corn mix / 1.59 each - avocado, spinach, mushroom
- 1.59 each - turkey sausage, bacon / 1.99 ham / 2.59 sausages / 3.99 each - crab cake (1), shrimp (3), fried chicken, grilled chicken / 6.59 fried steak
- 0.79 each - cheese, green chives, cheddar, swiss / 1.29 each - goat, mozzarella
- 0.59 cranberry sauce / 0.99 - sour cream / 2.49 jalapeno foccacia

consuming raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food-borne illness.

sides

- 1.29 each - brown sugar butter, Vermont maple syrup, toast slice, tomato slices (3), Vermont white cheddar, jalapeno cheese, peanut butter
- 1.99 each - vanilla yogurt, avocado, tofu, jalapeno foccacia (1 slice), ham (1 slice)
- 2.99 each - grits, potatoes, turkey sausage (2), bacon (3), eggs (2), sausages (1), tofu, pimento cheese scoop, hummus scoop, fresh fruit cup
- 3.99 each - egg whites (2), crab cake (1), shrimp (3), fried chicken (2), grilled chicken strips, chicken salad scoop, tuna salad scoop
- 5.99 each - fresh fruit bowl, smoked salmon, fried steak

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, EGGS OR UNPASTEURIZED MILK MAY INCREASE YOUR RISK OF FOOD-BORNE ILLNESS.
# Lunch

## Sandwiches
- Served with chips and a dill pickle spear

<table>
<thead>
<tr>
<th>Sandwich</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ultimate fried chicken</td>
<td>12.49</td>
</tr>
<tr>
<td>Two pieces of fried chicken, white meat, homemade pimento cheese spread, and fresh tomatoes on jalapeño focaccia bread. Make it a brunch sandwich: add fried egg +1.59, add two fried eggs +2.99</td>
<td></td>
</tr>
<tr>
<td>Italian vegetable</td>
<td>11.49</td>
</tr>
<tr>
<td>Roasted red pepper, zucchini, squash, mushrooms, with red pepper pesto*, fresh basil and tomato on ciabatta bread</td>
<td></td>
</tr>
<tr>
<td>*Pesto contains nuts</td>
<td></td>
</tr>
<tr>
<td>Italian chicken</td>
<td>11.49</td>
</tr>
<tr>
<td>Roasted red pepper pesto*, fresh basil and tomato with roasted chicken on ciabatta bread</td>
<td></td>
</tr>
<tr>
<td>*Pesto contains nuts</td>
<td></td>
</tr>
<tr>
<td>Caprese</td>
<td>11.49</td>
</tr>
<tr>
<td>Fresh mozzarella, basil, tomatoes and balsamic vinaiogrette on grilled sourdough</td>
<td></td>
</tr>
<tr>
<td>Highland ham &amp; cheese</td>
<td>11.69</td>
</tr>
<tr>
<td>Vermont white cheddar cheese melted with Black Forest ham, served with garlic mayo, babamex vinaiogrette, mixed greens and tomato on a grilled baguette</td>
<td></td>
</tr>
<tr>
<td>Herb roasted turkey</td>
<td>11.49</td>
</tr>
<tr>
<td>Herb turkey with apricot mayo, avocado, tomato and mixed greens, drizzled with balsamic vinaiogrette on grilled honey wheat</td>
<td></td>
</tr>
<tr>
<td>Roast beef</td>
<td>11.49</td>
</tr>
<tr>
<td>Roast beef topped with fresh mixed greens, tomato, onion, Vermont white cheddar and our spicy remoulade on grilled sourdough</td>
<td></td>
</tr>
<tr>
<td>Thai peanut wrap</td>
<td>11.49</td>
</tr>
<tr>
<td>Choice of chicken or tofu, with glass noodles, basil, carrots, red peppers, peanut sauce* and mixed greens, wrapped in a flour tortilla</td>
<td></td>
</tr>
<tr>
<td>*Peanut sauce contains nuts</td>
<td></td>
</tr>
<tr>
<td>Albacore tuna salad</td>
<td>11.49</td>
</tr>
<tr>
<td>Made with mango, mayo, fresh cllantro and jerk seasoning – served with balsamic vinaiogrette, mixed greens and tomato on a grilled kaiser roll</td>
<td></td>
</tr>
</tbody>
</table>

## Salads

<table>
<thead>
<tr>
<th>Salad Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Caprese</td>
<td>12.59</td>
</tr>
<tr>
<td>Fresh mozzarella, basil and tomatoes on a bed of mixed greens - drizzled with balsamic vinaiogrette and toasted baguette slices</td>
<td></td>
</tr>
<tr>
<td>Thai peanut (gluten-free)</td>
<td>10.99</td>
</tr>
<tr>
<td>Grilled chicken or tofu with rice noodles, basil, shredded carrots, roasted red peppers and peanut sauce* served warm over spring mix</td>
<td></td>
</tr>
<tr>
<td>*Peanut sauce contains nuts</td>
<td></td>
</tr>
<tr>
<td>House</td>
<td>Large 9.99 / Small 5.99</td>
</tr>
<tr>
<td>Mixed greens, cucumbers, tomatoes, onions, and homemade croutons served with a side of balsamic vinaiogrette and a piece of our famous jalapeño focaccia</td>
<td></td>
</tr>
<tr>
<td>Spinach</td>
<td>Large 9.99 / Small 5.99</td>
</tr>
<tr>
<td>Fresh spinach, goat cheese, onions, strawberries and candied walnuts served with a side of balsamic vinaiogrette and a homemade mini muffin</td>
<td></td>
</tr>
<tr>
<td>*Chicken salad contains nuts</td>
<td></td>
</tr>
</tbody>
</table>

## Soups & Combos
- **White bean chicken chili** - bowl $7.99 / cup $4.59
- Roasted chicken, roasted red peppers and onions topped with Vermont white cheddar cheese and served with a slice of grilled jalapeño focaccia
- **Soup of the day** - bowl $7.99 / cup $4.59

## Espresso

<table>
<thead>
<tr>
<th>Drink Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Americano</td>
<td>$2.49</td>
</tr>
<tr>
<td>Cappuccino</td>
<td>$3.70</td>
</tr>
<tr>
<td>Mocha</td>
<td>$4.35</td>
</tr>
<tr>
<td>White mocha</td>
<td>$4.45</td>
</tr>
<tr>
<td>Café au lait</td>
<td>$2.70</td>
</tr>
<tr>
<td>Café latte</td>
<td>$3.75</td>
</tr>
<tr>
<td>Shot in the dark</td>
<td>$2.00</td>
</tr>
<tr>
<td>Chai latte</td>
<td>$3.99</td>
</tr>
<tr>
<td>Double espresso</td>
<td>2.70</td>
</tr>
</tbody>
</table>

**Our coffee is locally roasted.**

<table>
<thead>
<tr>
<th>Drink Description</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iced</td>
<td>$3.30</td>
</tr>
<tr>
<td>M</td>
<td>$3.70</td>
</tr>
<tr>
<td>L</td>
<td>$3.95</td>
</tr>
<tr>
<td>Brewed to-go</td>
<td>$2.30</td>
</tr>
<tr>
<td>M</td>
<td>$2.55</td>
</tr>
<tr>
<td>L</td>
<td>$2.80</td>
</tr>
<tr>
<td>Bottled water</td>
<td>$1.99</td>
</tr>
</tbody>
</table>

**Brewed for dine-in bottomless $2.99**

Substitutions:
- Oat milk: +0.99
- Almond milk: +0.99

## Coffee
- **Juice**
  - Orange: $2.19
  - L: $2.89
- **Ice tea**
  - Sweet: $1.99
- **Hot tea**
  - Hot chocolate: $3.29
  - L: $3.59
- **Hot apple cider**
  - M: $2.75
  - L: $3.15

## More Hydration
- **Consume raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food-borne illness.**