SMOOTHIES

100% clean ingredients

Classic Blends

Wild Strawberry™ 240 - 450 cal
Strawberries & kiwi lime

Maui Mango™ 280 - 560 cal
Mango, strawberries & bananas

Peach on the Beach™ 260 - 500 cal
Peaches, strawberries, mango & orange

Caribbean Craze™ 230 - 440 cal
Bananas & strawberries

Mango Me Crazy™ 250 - 460 cal
Mango & pineapple

Jamaican Jammer™ 260 - 480 cal
Strawberries, bananas & fat free yogurt

Tropical Therapy™ 390 - 670 cal
Pineapple, coconut & kiwi lime

Orange Sunrise™ 250 - 480 cal
Pineapple, strawberries, bananas & orange

Bangin’ Berry™ 260 - 490 cal
Pomegranate, raspberries, blueberries & bananas

Cookie Dough 440 - 830 cal
Gluten free chocolate chip cookie dough & fat free yogurt

Boosters each .86
- Energy adds 5 cal
- Protein adds 35 cal

Wellness Blends

Goin’ Green™ 230 - 420 cal
Fresh kale & spinach with mango & pineapple

Apple Kiwi Kale 280 - 560 cal
Apples, fresh kale, kiwi lime & bananas

 Açai Energy 310 - 590 cal
Organic açai, strawberries, bananas, blueberries & granola

PB Protein 420 - 770 cal 24g*
Peanut butter, bananas, cocoa, fat free yogurt & protein

Vegan Power Up 260 - 450 cal
Pomegranate, strawberries, blueberries, raspberries & plant protein

*Protein gram based on 8 fl. oz.

2,000 calories a day used for general nutrition advice, but calorie needs vary. Additional nutritional information available upon request.